Teeth Whitening:

Enhancing Smiles Safely and Effectively



Lecture 1, 2 - 3 pm

Teeth whitening: Enhancing Smiles Safely and Effectively

Whitening is one of the simplest procedures performed in a dental office yet many dentists are hesitant to offer it for various reasons. In this presentation, see how every whitening case is done to maximising patient comfort and satisfaction while minimising post op complains and stress for the clinician.

Learning objectives

- Explain the basic mechanism of peroxide gels and why they work
- Full clinical protocol from pre to post treatment
- Clear and effective communication to manage patients' expectations
- Potential complications during and after whitening and how to resolve them



Dr. Wilson Dan

is the Clinical Director of a 3rd generation family dental clinic and has served years as Dental Officer In-Charge at SingHealth Polyclinics.

At his own practice, he spearheads harmonious dental aesthetics with safe and proven treatments that protects your natural teeth, creating brighter and more confident smiles every day.

Dr. Wilson believes in a patient-centered approach to dental care, where the patient is actively involved in every decision made for achieving dental wellness, departing from the traditional doctor-driven treatment model.

Refreshment, 3 - 3.45 pm

Lecture 2, 3.45 - 4.45 pm

Predictable Dental Whitening: Life Lessons and Protocols

Many dentists are afraid of performing dental whitening due to past experiences of inconsistent and poor results. Learn how to properly identify and diagnose dental discolourations, so that we can treat these conditions predictably and consistently.

Incorporate a combination of in-office whitening and take-home whitening to provide your patients with a conservative way to treat dental discolourations.

Maximise in-office whitening results using the established clinical protocol that has been tried, tested and proven with thousands of happy patients.

Gain insights into clinical protocols that eliminate miscommunications between dentist and patient.

Quantifiably assess before and after shades in a consistent manner using proper dental photography techniques.



Dr Jeremy Sim

graduated from the National University of Singapore in 2016. He practiced at a renowned aesthetic dental clinic before setting up his own private practice, taking along a wealth of experience to bring dental aesthetics to the masses.

He also practices orthodontics with years of clear aligner and braces patients under his belt. He has a strong passion for paediatric dentistry and believes in early intervention for jaw development issues.

A patient practitioner, his mantra is to listen first, and do later.

Date & Time: Venue: 12 Oct 2024, 2-5 pm
Training Room 1-1
Lifelong Learning Institute
11 Eunos Rd 8, Singapore 408601

FREE Registration with 2 CDE points

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