



**OSTEOPOROSIS SOCIETY
(SINGAPORE)**

EVERYDAY DENTISTRY SERIES CDE PROGRAMME

Osteoporosis – What it is to treatment and complications

The aging population in Singapore is expected to rise from 26.5 % in 2020 to 39.6% in 2050. Osteoporosis affects 1 in 3 women and 1 in 5 men in their lifetime. Studies have also shown that Singaporeans live longer, with at least 20% suffering from disability associated with musculoskeletal disorders. With medical treatment of osteoporosis and fall prevention, the risk of future fractures can be reduced by up to 80%. However, as with any treatment, there are concerns regarding potential adverse effects, no matter how rare. This talk aims to update clinicians in the current available treatment options for osteoporosis, with evidence on their efficacy and potential adverse effects. There will be a focus on data in medication-related osteonecrosis of the jaw and a discussion on weighing the risks and benefit of osteoporosis treatments.



Dr Vivien Lim is a Consultant Endocrinologist at the Gleneagles Medical Centre. She graduated from the National University of Singapore Medical School. After gaining both an MRCP (UK) and a Masters in Internal Medicine in Singapore, she embarked on endocrinology training in Singapore and was accredited as a Specialist in Endocrinology. After she completed her training, she was awarded the Health Manpower Development Plan Scholarship by the Ministry of Health to gain wider experience in complex cases of endocrinology in the Mayo Clinic, Rochester, Minnesota, USA.

She is currently the Immediate Past President of the Asean Federation of Endocrine Societies and sits in the executive committee of the International Society of Endocrinology. She held the post of the President of the Endocrine Metabolic Society of Singapore (EMSS) from 2016 to 2018. She is the Hon Secretary of the Osteoporosis Society of Singapore (OSS).

Date : Saturday, 6th Jan 2024
Time : 2.00pm to 3.30pm
Platform : Zoom (Webinar)
Registration : Free-of-Charge for all SDA Members
**Pre-registration is required*
Click [here](#) to register Or Scan the QR code
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Register by: Saturday, 23 December 2023