



**SPECIAL CARE  
DENTISTRY ASSOCIATION**  
SINGAPORE

# **SDA CONVENTION 2023**

**PRELIMINARY PROGRAMME**

**6 & 7 MAY  
SUNTEC CONVENTION CENTRE**

## ***Planning For The Future - Practical Approaches To Oral Care In The Older Adult***

### **SCDAS SPEAKERS:**

Dr. Benjamin Ng  
Dr. Sophia Yee  
Dr. Tan Mei Na  
Dr. Yang Jing Rong

### **SDA SPEAKERS:**

Prof. Winston Chee (Prosthodontics)  
A/Prof. Catherine Hong (Paediatric)  
Dr. Kelvin Khng (Prosthodontics)  
Dr. Koo Chieh Shen (Orthodontics)  
Dr. Lim Li Zhen  
Adj. A/Prof. Loh Poey Ling (Prosthodontics)  
Dr. Ode Wataru (Endodontics)  
Dr. Ho Eu Chin (ENT Surgeon)



**ONLINE REGISTRATION LINK**

<https://www.surveymonkey.com/r/Z8G2TLD>

# SCIENTIFIC PROGRAMME - SCDAS SPEAKERS



## DR. BENJAMIN NG

### CONSIDERATIONS IN THE TREATMENT OF PATIENTS ON ANTI-RESORPTIVES

#### SYNOPSIS:

The use of anti-resorptive and antiangiogenic drugs is on the rise, especially as the population ages. These drugs have transformed the clinical care of an array of metabolic bone diseases and cancer, benefitted many patients, and reduced overall disease burden on society. Despite the benefits of anti-resorptive therapy (ART), osteonecrosis of the jaw (ONJ) can present as a serious complication in some patients. Against this backdrop of the fear of ONJ, dentists often find ourselves stuck, between a rock and a hard place, in the conundrum of treatment planning when referred a patient for pre-ART dental clearance. Many of us may shy away from treating patients who are started on ART. In this session, let's look into some useful evidence-based considerations the dental community have forged with our medical colleagues over the years, which can help to increase our confidence in the care of such patients.

## DR. SOPHIA YEE

### DEMYSTIFYING THE MANAGEMENT OF GERIATRIC PATIENTS

#### SYNOPSIS:

The challenges of providing care to a rapidly aging population are readily apparent in our daily clinical practice. Clinicians face a number of conundrums in caring for older adults: How do we manage a patient with reduced mobility and cognitive function? How should we prioritise their needs? How do we find a balance?

The Geriatrics 5Ms "Mind, Mobility, Medications, Multimorbidity, and Matters Most" provide an elegant framework which can be incorporated into dentistry. This presentation will discuss and illustrate the use of this framework in dentistry as a path to managing geriatric patients.



## DR. YANG JING RONG

### OPTIMIZING PERIODONTAL CARE OUTCOMES FOR OLDER ADULTS

#### SYNOPSIS:

Periodontal treatment has been proven to be effective in retaining the dentition, which is critical in maintaining masticatory function and quality of life in the older adults. With the introduction of new therapeutics, such as probiotics, locally delivered antibiotics and novel graft materials, we will explore how this has influenced the treatment protocols of periodontitis. We will also look into how optimizing periodontal care outcomes will impact systemic health parameters.



## **DR. TAN MEI NA**

### **CARING FOR THE COMPROMISED DENTITION IN THE OLDER ADULT**

#### **SYNOPSIS:**

The older adults, especially those who have not been or are unable to care for themselves, tend to present with a set of debilitated dentition, making treatment planning and management challenging. In this talk, by using various clinical cases, we will look at how we can care our patients pragmatically and look at some of the strategies we can employ to improve the oral health of our geriatric patients.

## **SCIENTIFIC PROGRAMME - SDA SPEAKERS**

## **PROF. WINSTON CHEE**

### **GERIATRIC DENTISTRY IN TODAY'S DENTAL WORLD**

#### **SYNOPSIS:**

The life expectancy of people is being extended with better healthcare, our dentitions are part of health and quality of life as we all age. Our goal as clinicians is to have our patients best interests for their oral health.

There are three phases in general for their care, data collection and diagnosis, execution of the treatment plan and maintenance.

The execution phase where techniques and newer products are used when there is a paucity of information that should drive the treatment plan, the treatment modalities should not drive the diagnosis and treatment plan.

This presentation will focus more on the development of the treatment plan and elucidate the use of implants, new materials that are manufactured by computer aided milling (CAM) and most importantly making decisions of when to transition to an implant supported dentition and when to maintain an existing dentition. What is the risk to benefit ratio? What is the cost benefit ratio? What is the consequence of failure of the reconstruction?



## **A/PROF. CATHERINE HONG**

### **IS THAT CANCER?! UNDERSTANDING ORAL MUCOSAL LESIONS**

#### **SYNOPSIS:**

Although oral cancer is uncommon in Singapore, there is a growing number of cases being reported each year. Despite advances in medical technology, the 5-year survival rate of intermediate and advanced stage oral cancers has remained unchanged at about 50%. Unlike cancers elsewhere in the body, potentially malignant or early-stage malignant lesions in the oral cavity can often be detected during a visual examination. Dentists are therefore in a prime position to identify such lesions which will significantly improve survival rates through early intervention. This presentation will discuss the various risk factors associated with oral cancer as well to provide tips on how to identify clinical signs and symptoms of this serious condition.



## **DR. KELVIN KHNG**

### **REMOVABLE PROSTHODONTICS TO INFINITY AND BEYOND**

#### **SYNOPSIS:**

In this lecture, you will find out how the knowledge of removable prosthodontics can be applied in the world of implant dentistry. You will learn how to make an implant retained overdenture, how to plan and pick up an all-on-X restoration and lastly, to learn how we can treat our seniors better with this acquired knowledge.

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## **DR. KOO CHIEH SHEN**

### **BRACE YOURSELF! THE ROLE OF ORTHODONTICS IN MULTIDISCIPLINARY CARE IN OLDER PATIENTS**

#### **SYNOPSIS:**

Orthodontic treatment planning for the adult patients with missing or periodontally compromised teeth can be challenging - particularly if the anterior smile zone is affected. We will discuss how aesthetics and function go hand in hand and the importance of setting realistic orthodontic treatment goals for stable, long-lasting results.



#### **LEARNING OBJECTIVES:**

- Examine the difference in orthodontic treatment philosophies between the young and older patients
- Apply simple, but very effective treatment strategies to minimize the burden on prosthodontic work
- Understand how orthodontic tooth movement can significantly improve severe hard and soft tissue periodontal defects in selected patients
- Careful case selection and treatment goal setting, thus improving the quality and treatment outcome



## **DR. LIM LI ZHEN**

### **READING THE SIGNS : RADIOLOGIC CONSIDERATIONS IN THE OLDER ADULT PATIENT**

#### **SYNOPSIS:**

When treating older patients, the chances of encountering a radiographic abnormality, such as soft tissue calcifications, fibro-osseous lesions and other pathology also increases. Some of these lesions may be related to the patients' systemic health. Accurately identifying these conditions early may be important in ensuring that the patients receive timely medical care. This

lecture aims to provide an overview of the common radiographic findings that a dentist may come across when managing an older adult patient, and recommendations for subsequent management will be discussed.



## **ADJ. A/PROF. LOH POEY LING**

### **REMOVABLE PROSTHESIS: WHEN ALL ELSE FAILS?**

#### **SYNOPSIS:**

As the population ages, the number of adults with missing teeth increases. The demand for replacing missing teeth increases accordingly. Removable prosthesis does not rank high amongst the various available options.

However, many of these patients and operators will eventually have to accept removable prostheses after consideration. This may be the last resort to saving a failing dentition. Removable prostheses might be an intermediate or

immediate solution to stabilize failed fixed prosthesis. The impact of this prosthesis on the patient's life is significant.

This presentation aims to share some experience and discuss ways to provide more predictable outcomes of removable prosthesis.

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## **DR. ODE WATARU**

### **TAILORING ENDODONTIC CARE FOR THE OLDER ADULT: UNIQUE CHALLENGES AND PERSONALISED APPROACH**

#### **SYNOPSIS:**

With age comes increased risk associated with certain medical conditions and changes in the oral cavity that can affect dental treatment. As clinicians, it is our responsibility to take these factors into account when making treatment recommendations and delivering individualised care that meets each patient's unique needs and goals. This presentation will explore methods for maintaining tooth health, reducing discomfort, and minimising the risk of complications in endodontics, allowing elderly patients to maintain a functional dentition and live a full life.



## **DR. HO EU CHIN**

### **HEARING LOSS AND COGNITIVE DECLINE - IMPLICATIONS FOR THE DENTAL SURGEON**

#### **SYNOPSIS:**

Over 5% of the world's population suffer from disabling hearing loss with a global annual social-economic costs of nearly USD 1 trillion! Hearing loss is also the most important modifiable risk factor for dementia. The prevalence of dementia and hearing loss increase sharply with rising age; and by 2050, nearly 1 in 2 Singapore resident will be above the age of 65!!

Effective communication is the cornerstone for a quality and humanistic healthcare delivery. Mask wearing in healthcare settings can have a profound impact on the cultivation and maintenance of therapeutic relationships between patients and healthcare workers. High noise levels in many healthcare facilities can compromise effective communication. Together with hearing loss, many older patients suffer from communication vulnerability, and this should be of concern to all healthcare workers.

Equally important, dental surgeons may be at increased risk of hearing loss! What are the strategies to mitigate this risk?

# SDA Convention 2023

## Planning for the Future - Practical Approaches to Oral Care in the Older Adult

Main Conference <i>(inclusive of 8% GST)</i>	Early Bird Registration <b>(before 22 Mar 2023, inclusive)</b>	Standard Rate Registration <b>(before 21 Apr 2023, inclusive)</b>	On-site Registration
SDA Member <i>(must have current membership)</i>	<input type="checkbox"/> S\$ 162	<input type="checkbox"/> S\$ 270	<input type="checkbox"/> S\$ 378
Non-SDA Member <i>(subject to availability)</i>	<input type="checkbox"/> S\$ 346	<input type="checkbox"/> S\$ 540	<input type="checkbox"/> S\$ 756

## Participant's Details

Please complete this form in BLOCK letters. A separate registration form must be used for each participant.

**Full Name**

**DCR**

**Address**

*(if it is the office address, please indicate the name of the clinic / institution / company)*

**Email**

*(Mandatory)*

**Contact**

Office

Mobile

**Enquiry**

Tel 6258 9252

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Bank Address : United Overseas Bank Limited – Hougang Mall Branch  
90 Hougang Avenue 10 #02-09 & 02-09A Hougang Mall,  
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Bank SWIFT Code : UOVBSGSG

Bank Code : 7375

Branch Code : 063

Bank Account No : 213-309-005-5

Note: There will be **NO REFUND** for cancellations or absence. Confirmation of registration will be upon receipt of payment and will be sent by email. Registration is subject to **availability of seats based on first-come-first-served basis**.