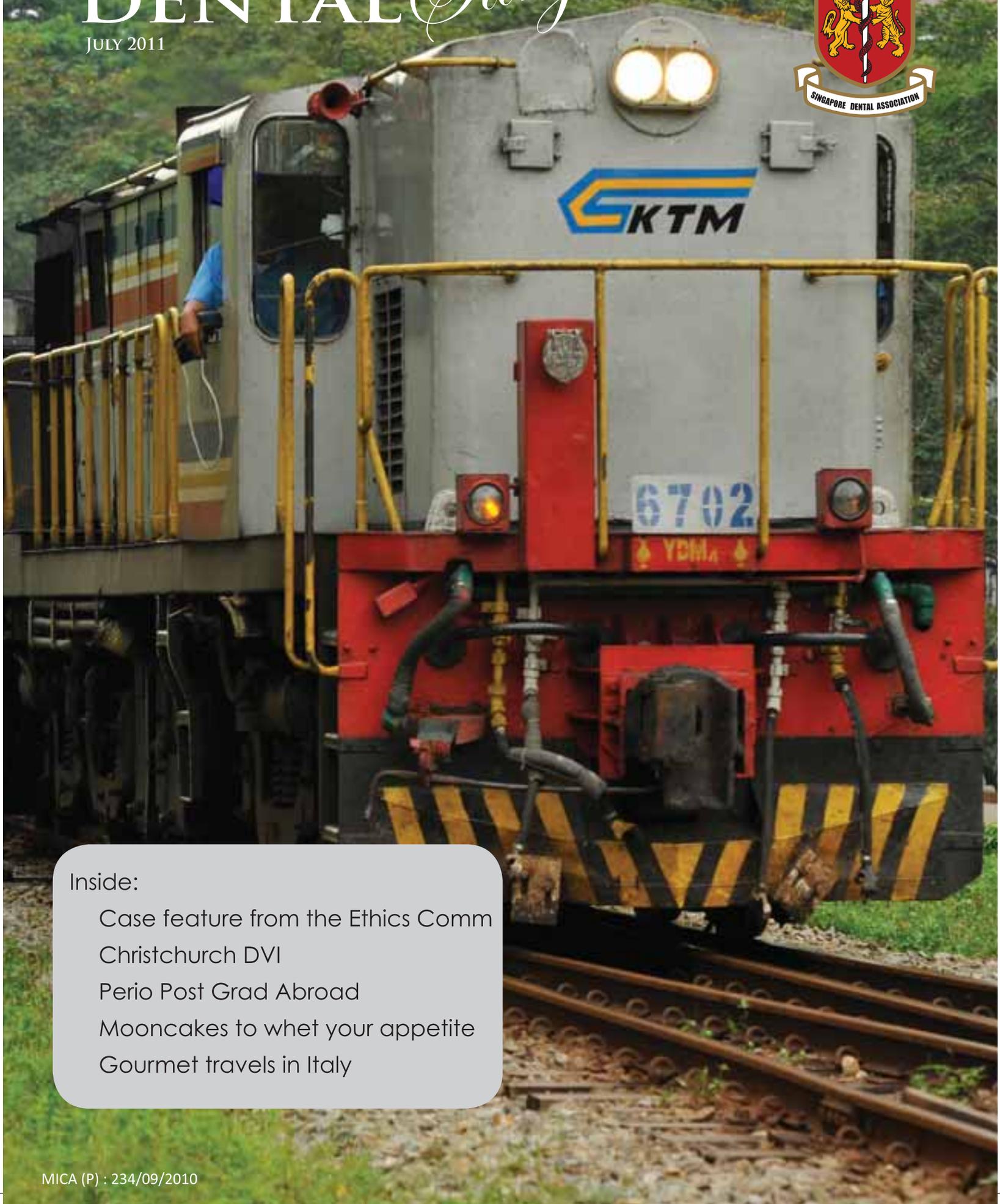


THE

DENTAL Surgeon

JULY 2011



Inside:

Case feature from the Ethics Comm
Christchurch DVI
Perio Post Grad Abroad
Mooncakes to whet your appetite
Gourmet travels in Italy



“ In a world of evidence-based practice, this is the real deal. It delivers on the promise of reducing sensitivity ”¹

-David Hamlin,
Dentist, Principal Investigator, Clinical Research Facility

“ Instant relief and it lasts, unlike others ”
- Ki Ok Edward - Yu
Patient, Singapore

“ No more pain! I can now enjoy drinks without painful sensations ”
- Celine Tan
Patient, Malaysia

“ Instant relief from pain! I can see marked improvements before and after use ”
- Noorliza Harun
Patient, Malaysia

“ One minute, very quick. I will use it for long term ”
- Rebecca Wong
Patient, Hong Kong

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- Prophylaxis with Colgate® Sensitive Pro-Relief™ demonstrated significant reduction in mean SOS (6.74±1.64 vs. 3.24±1.57). The mean change in SOS was 3.51±1.90 (p<0.001).
- For males and females, the pre-treatment (6.68 vs. 6.75) and post-treatment (3.20 vs. 3.24) SOS were similar.

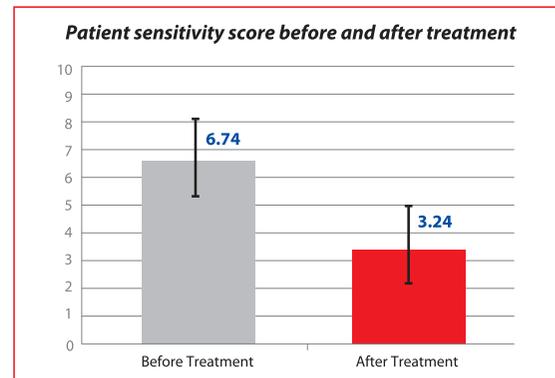
Your patients can now experience instant and long-lasting relief too, with Colgate® Sensitive Pro-Relief™. Prove it to yourself—and your patients.

To see more proof, go to www.colgateprofessional.com

References

1. Actual quotes from market research data on file; Colgate-Palmolive, July 2009.
2. Chu CH, et al. Effects of 8% arginine desensitizing paste on teeth with hypersensitivity. J Dent Res 2010;89 (Spec Issue A). In press.

*Instant relief achieved with direct application of toothpaste massaged on sensitive tooth for 1 minute.



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Editor's note

Experts say there is more satisfaction in wanting what you have, than in getting what you want! True happiness comes more from striving to fulfill desires than in the final attainment. Reaching goals steadily but gradually is more satisfying than a sudden sweep or big windfall. Life should be an enchanting journey with little victories, wonderful surprises, thrilling adventures, endless discoveries and personal fulfillment. Remarkably, this expedition is never ending; our destination changes as we progress along. The more we achieve, the more possibilities we see in a widening horizon.

I am very happy to have served as a Co-Editor for Dental Surgeon for the past 1 year and worked well with my team members. I am also very happy to finally have the memorial article for the late Dr Yii Kie Mun published in this issue. I will hand over the realm to Yanshan as the editor for Dental Surgeon and I will continue to support the Dental Surgeon in other capacities.

Let me conclude with a brilliant paragraph from Emerson, "To laugh often and much, to win the respect of intelligent people and the affection of children, to appreciate beauty, to find the best in others, to leave the world in a better state that you found it... This is to have succeeded."

Dr Kelvin Chye

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DentalSURGEON

Printed by Lian Ho Press

MICA (P) 234/09/2010

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For the 1st time...

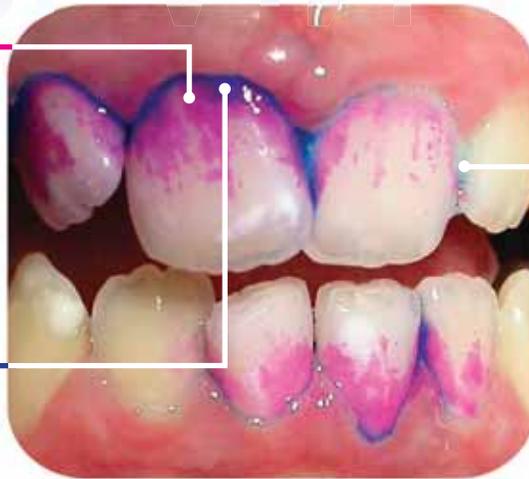
It's PLAIN to see

PINK / RED

A thin deposit of plaque will stain pink / red. These are areas where surfaces have been cleaned recently and the biofilm is immature.

BLUE / PURPLE

Thick deposits of plaque will stain purple. These are areas which have not been cleaned in the past 48+ hours and a complex biofilm has developed. This thick plaque is a cause of gingivitis.



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Areas that are light blue indicate acid production from the plaque bacteria and the biofilm will have a pH of approximately pH4.5 or lower. **This is a high risk biofilm.**

Prof L J Walsh

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- Old plaque
- Acid-producing plaque



eXperience

better patient communication



When Something Goes Wrong

By now most of you would have seen or heard of the recent news about a young dentist extracting teeth from the wrong patient. This incident was splashed prominently in the newspapers. It was also in the news on TV, radio and also the Internet.

What I really want to highlight is that although we can be the most careful or conscientious dentist on earth, sometimes mistakes or accidents do happen. Mistakes that I have encountered range from spilling Milton's solution on the patient's new branded shirt to accidentally cutting patient's tongue while doing a crown preparation. Most important is to ensure that the problem is resolved amicably without the incident being publicised and sensationalised in the news.

When there is an obvious mistake by the dentist, many times it is due to a moment of carelessness or an accident. Most times when this happens the "problem" can be resolved with monetary compensation. That is where mediation and complaints handling comes in. The role of mediation and complaints handling is to negotiate and ensure that an outcome without prejudice and/or a fair amount is being paid to the patient to resolve the problem.

Take the following example:

Background

During Registration on 4th January 2011 patient indicated clearly on the Medical History Questionnaire that she was allergic to Penicillin

The Nurse reinforced this by indicating the allergy at the front of the treatment card. Furthermore, she stamped "Allergy" clearly on the front of the Card.

The dentist performed an extraction of the upper left molar tooth.

After which she prescribed Chlorhexidine Mouth Rinse, Ponstan Painkillers and Amoxycillin antibiotics.

Conclusion

Since the patient indicated clearly on the medical history questionnaire that she is allergic to Penicillin, the dentist should not have prescribed Amoxycillin to the patient because they belong to the same family. Patient developed very bad allergic reaction and was very sick and was hospitalized for 2 days and was on MC for another 3 days.

Settlement

Initially the patient was asking for a compensation of \$23,000 through his lawyers.

Fortunately due to active complaint handling and robust negotiations from our DPL lawyers the amount was settled at a much reduced amount of \$5,488.20. In many cases, the compensation entails a refund, at times paying more than necessary to rectify the problem in order to close the case. In my personal opinion, when there is an obvious mistake, it is better to reach a negotiated settlement than to go through the stress of litigation, SDC investigation or having your name in the news. 

Dr Raymond Ang
Chairman, SDA Ethics Committee

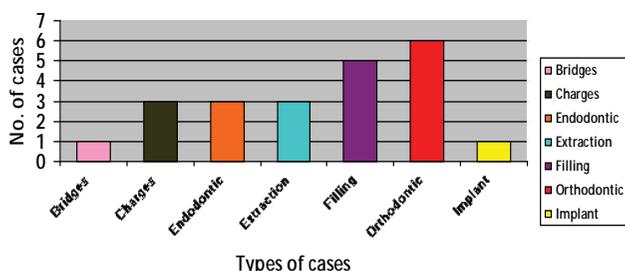
The mediation procedure initiates from the moment SDA receives the feedback from patients. The cases are then assigned to the mediators. I hope this helps our dentists to understand how our mediators handle the cases by identifying the key issues involved and concluding with a fair and efficient outcome to the cases. Since all mediators are volunteer dentists, we appreciate our member dentists for their patience in the midst of handling the cases.

With this opportunity, I would like to thank all my mediators who have contributed in every single way that have helped the rest of our members; and I hope they have gained some valuable experiences that could help them in their practice as well.

As of now, from Jan 2011 – May 2011, there are 24 enquiries and 46 cases received at SDA for mediation; with the type of cases illustrated in the chart below. 🌿

Dr Seow Yian San
Convenor
SDA Ethics Committee

No. of complaints Jan - May 2011



Flowchart for Mediation Cases

```

    graph TD
      A[Patient: Letter of Complaint] --> B[SDA Ethics Committee]
      B --> C1[Patient: Letter of Acknowledgement]
      B --> C2[Dentist: Letter to Inform]
      C1 --> D1[Await Reply: Agree to let SDA Mediate]
      C2 --> D2[Await Reply: Agree to let SDA Mediate]
      D1 --> E[SDA Ethics Committee]
      D2 --> E
      E --> F[All Parties: Sign Mediation Agreement]
      F --> G[Begin Mediation]
  
```

Note:

- SDA can only begin negotiation when BOTH parties agree to proceed with mediation
- SDA reserves the right to insist all parties sign a mediation agreement before commencing mediation.

To the public and our colleagues, our pledge to you is that we will try to be fair and efficient in the process of mediation. Our objective is to resolve your dispute in a way that is acceptable



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9th NUS-SDA Distinguished Speaker Programme

The NUS-SDA Distinguished Speaker programme is a joint project of NUS and Singapore Dental Association (SDA) to engage internationally renowned and outstanding clinicians to conduct education programmes for the dental profession, staff and students of Faculty of Dentistry. Initiated in 1995, the programme is held every alternate year and funded by the NUS-SDA Continuing Education Fund.

This year, Professor Michael Glick, DMD, Oral Medicine and Dean, School of Dental Medicine, University of Buffalo, was invited as our 9th Distinguished Speaker. Professor Glick is also the Editor of the Journal of the American Dental Association. He has authored more than 200 peer-reviewed journal publications and numerous book chapters, including “Dental Management of Patients with HIV” and the authoritative “Burket’s Oral Medicine: Diagnosis and Treatment”. He was the Immediate Past-President of the American Board of Oral Medicine.



The one-day programme was on 10 April 2011 at Sheraton Towers Singapore. He addressed to an audience of more than 250 dental professionals, on the topic, “Assessment and Treatment Protocols for the Medically Complex Dental Patient”. The participants benefited immensely from his sharing of the relevance of medical

conditions in dentistry and providing clinical protocols for complex dental cases.



The following two days, he spent at the Faculty of Dentistry delivering seminars and workshops to academic staff, clinicians and postgraduate students. The intensive 3-day programme benefitted all participants immensely as Professor Glick generously shared his expertise and experience in Oral Medicine with us. 🌿

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Featured Speakers:



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Clinical Professor of Periodontology and Director of Implant Education, Columbia School of Dental Medicine, New York



Michel Magne

Associate Professor of Clinical Dentistry and Director of Dental Technology, University of Southern California, Los Angeles



Pascal Magne

Associate Professor, Chair of Aesthetic Dentistry, University of Southern California, Los Angeles



Robert Boyd

Professor, Orthodontics Department Chair, University of the Pacific, San Francisco

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Date	Topic	Venue	Contact
11 Sept 2011	Basic Cardiac Life Support (Certification) Course	Red Cross House, 15, Penang Lane, Level 3 RCTC, Singapore 238486	CDE Administrator 62202588 cde@sda.org.sg
17 Sept 2011	Clinician Choice Series 5	Alumni Association, 2 College Road	Adeline Soh 64383816 aida@aestheteinstitute.com
18 Sept 2011	Basic Cardiac Life Support (Certification) Course	Red Cross House, 15, Penang Lane, Level 3 RCTC, Singapore 238486	CDE Administrator 62202588 cde@sda.org.sg
23 Sept 2011	Wisdom Tooth Management Course	132 East Coast Road Singapore 428817	Cindy Chan / Josephine Lim 64407321 le.mints.dental@gmail.com
25 Sept 2011	Basic Cardiac Life Support (Certification) Course	Red Cross House, 15, Penang Lane, Level 3 RCTC, Singapore 238486	CDE Administrator 62202588 cde@sda.org.sg
4 - 6 Nov 2011	Basic Orthodontics for General Practitioner mode 4	Fondaco Training Centre	Ms Devi 65362730 devina_1903@hotmail.com
18 Nov 2011	4th SDA-MDA(SZ) Joint Scientific Convention & Trade Exhibition - Pre Convention Workshop	The Puteri Pacific - Johor Bahru	CMC Administrator 62202588 cmc@sda.org.sg
19 - 20 Nov 2011	4th SDA-MDA(SZ) Joint Scientific Convention & Trade Exhibition	The Puteri Pacific - Johor Bahru	CMC Administrator 62202588 cmc@sda.org.sg

The above is a Continuing Dental Education (CDE) Calendar, from April 2011 to May 2011. Before attending any of these CDE activities, please confirm event details with the respective course organisers.
Information is correct at the time of printing.

University of Michigan

Dr Fu Jia Hui
3 Years in the
University of Michigan
Ann Arbor. USA

Describe the course in your university:

I absolutely enjoyed every single moment spent in the Department of Graduate Periodontics. Our department, chaired by Dr. Laurie McCauley is the heart of intellectual vitality in the School of Dentistry. Though nearly 3 years have passed, yet it did not seem long ago that I walked through those glass doors into the Dental school, all fresh, eager to learn and be challenged. The Director of Graduate Periodontics, Dr. Hom-Lay Wang never fails to stimulate thoughts and encourage independent learning. He is a true mentor and is always there for his residents. He, not only taught Periodontics and Implant Dentistry, he also taught us how to be a better person. This experience made me realize that I am no longer a little girl on a small island and that the world out there has so much to offer.

Our 36-month program of didactics (20%), clinical practice (60%), research (10%) and undergraduate teaching (10%). In our first and second years, besides classes related to Periodontics, we have to take multi-disciplinary courses with other residents in various departments. This helps us plan a comprehensive treatment for our patients and also foster good relationships with other depart-



ments, basically to build up a referral base. Didactics in Periodontics consist of reviews on classic, current and implant-related literature, pharmacology and case presentations. Clinical practice takes up approximately 60% of your time. Besides, the full time faculty, we have a very successful group of alumni, who generously contributes their time to come and teach us in clinics. I, personally feel that it is a great experience to have the opportunity to learn from different people, because you not only learn the different approaches to a particular clinical scenario but actually you learn the soft skills, for example, how to communicate with your patients, how to manage a clinical practice and how to build a referral base.

The grueling training that Dr. Hom-Lay Wang puts all the residents through, prepares us to be mindful of the literature available, to be analytic in our thought process, to be excellent clinicians and also innovative researchers. Though demanding, the residents from Michigan never fails to bag all awards available in the academic field of Periodontics, for example, the Richard J. Lazzara Fellowship in Advanced Implant Surgery, Balint Orban Memorial Competition and the Abram and Sylvia Chaens Teaching and Research Fellowship. This is the best testimonial of the success of a Graduate program.

Our Department is one of the world's foremost dental research centers. The research teams are world-renowned with countless research projects and collaborations funded by the National Institutes of Health (NIH). Dr. McCauley and her laboratory are in the leading edge of research in bone biology. She was the recipient of the Paula Stern Achievement Award in 2010, which recognized her research contributions to the field of bone and mineral research. Recently, Dr. Jill Bashutski published

her Masters thesis project in the New England Journal of Medicine and it is the fifth paper from the dental field to be accepted in this highly prestigious journal. So be it translational, genomics, stem cells related, regenerative, biomaterials, clinical etc. research that you are interested in, there will be a team in the Department who can help you with your ideas and thoughts. Nothing is impossible in the field of research.



Getting around:

Ann Arbor is surprisingly way more exciting than what many think, in many ways, I find it similar to Singapore. Geographically, it is in the centre of crossroads to major cities in the US/Canada, for example, it is only a 5-hour drive to the Upper Peninsula of Michigan, Chicago and Toronto or a 2-hour flight to New York and Florida. It is a very vibrant college town with an international mixture of cultures so finding good Greek or Ethiopian food is not a problem at all. You can find everything you need in Ann Arbor, even though it is not a big city. It is a safe, self-sufficient and peaceful place to study or to have a family. Also, the dental school is located in the heart of downtown Ann Arbor. Public transportation, such as the campus and city buses, is absolutely free for students. It is adequate within Ann Arbor but to really get around and see other parts of Michigan, having a car is definitely more affordable and convenient.

The ONE place to go:

The one thing I really love is the change in seasons and the events that happen with it. Because Michigan is so cosmopolitan, there are many different events throughout the year. For example, in January, there is the Plymouth Ice Festival and the North American International Auto Show in Detroit, in May, a Tulip Time Festival in Holland, in June, the Ya'ssoo Greek Festival in Ann Arbor and the Hot Air Balloon Challenge in Howell, in July, a large scale Ann Arbor Street Art Fair, in September, it is Oktoberfest in a German town known as Frankenmuth and many more. In the Fall, it is absolutely worth it to make a scenic drive up to the Upper Peninsula of Michigan and to Mackinaw Island. The view is breathtaking as you take a cruise or a plane ride around the island. It is never boring in Michigan.

I strongly urge any one who is interested in Periodontics to come to Ann Arbor, Michigan. I promise that it will be an experience that you will never regret. I am very proud and grateful to be part of this family, to be part of the Michigan spirit. Go Blue!

Please do not hesitate to contact me at fujiahui@umich.edu or pdfjh@nus.edu.sg if you have any questions about studying abroad. I will be more than happy to help out. 🌸

Dr Fu Jia Hui



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E : reservations@forlino.com | W: www.forlino.com
T: +65 6877 6995

Assoc. of Orthodontists Singapore Biennial Conference 2011

The Association of Orthodontists Singapore (AOS) organized its biennial orthodontic conference on “Intelligent orthodontics – the new era” at the Conrad Centennial Hotel from the 19th to 20th March 2011. There was a great turnout from almost 400 overseas and local dentists, including general practitioners, orthodontic residents and orthodontists.

The interdisciplinary approach program well-planned by our scientific chairpersons, A/P Kelvin Foong and Dr Bryce Lee, featured our outstanding local speakers from the endodontics, periodontics, pedodontics, prosthodontics and oral surgery disciplines; and how each discipline integrates with orthodontics.

There was a pre-conference hands-on workshop conducted by Dr Eric Liou on wire bending mechanics and a post-conference workshop by the Invisalign speaker, Dr Vicki Vlaskalic on recent advances and treatment of complicated cases.

It was certainly our great pleasure to have Dr Tom Mulligan as our plenary speaker to share his vast experience and knowledge with us. He displayed his clinical management on avoiding undesirable molar movement which translates into loss of anchorage clinically, and the management of Class II malocclusions with his unique mechanics without assistance from headgear or elastics.

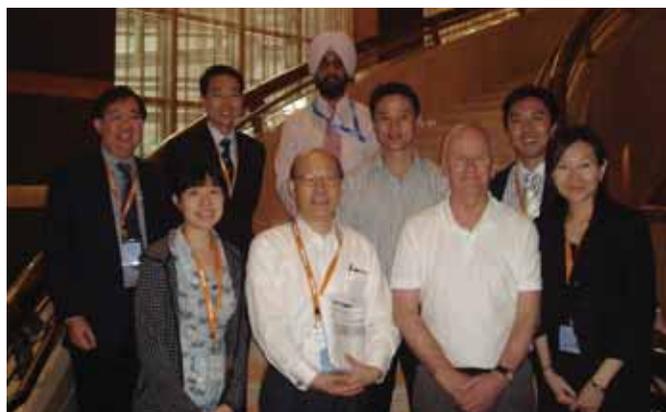
There were also 13 poster abstracts selected for the oral presentation competition. The 1st and 2nd cash prizes were won by Dr Peter Foo from the University of Adelaide and Dr Florence Wong from the National University of Singapore respectively.

It has been a great learning experience for me as an orthodontic resident and I’m sure my colleagues have gained valuable knowledge to aid them in the treatment planning and management of their orthodontic cases.

We are certainly looking forward to the next Biennale conference in 2013!



▲ AOS Biennial Conference 2011 Delegates and the Organising Committee



▲ Presenters for the Poster Competition

“Basically I’m really happy with how the conference turned out considering we only had one year to prepare. Very thankful to SDA conference organising committee and especially Dr Lim Lii for helping to organize and manage the conference. Thank you also to our local speakers for taking time off to share with us their expertise in what was one of the most well received segments of the conference. Also very grateful to AOS and SDA members for their support. Look forward to welcoming everyone in 2013!”

– Dr Arthur Lim, Chairperson of the Biennial Conference organizing committee. †

Dr Seow Yian San

Kathmandu

Who went and where did you all go?

Michelle and I went on a medical and dental mission trip to Nepal in November 2010 - a collaboration between Barker Road Methodist Church and Living Waters Methodist Church. The aim of the trip is primarily to support the Church planting roles and mission work in Nepal, as well as to provide medical and dental treatment. The team goes to Nepal twice a year, and this was our second time there.

We stayed in a little town called Dhulikel, about a 2 hours drive from Kathmandu. Two medical-dental camps were then set up, one at Patleket and one at Phulbari which are in close proximity to each other. The ride from Dhulikel to Phulbari is a 30-minute long bumpy and windy journey. The mini bus would drop us off at the foot of the hill, where we would take a serene and scenic 45-minute trek up to reach the village. A microvan would drive up the dirt road with our equipment.



Any difficulties encountered before and during the trip?

Initially we had some concerns as to whether we were able to bring in the medications as we were carrying a large amount but we managed to clear the customs without much difficulty. We also managed to purchase additional supplies from Kathmandu.

Being in Singapore, there are some things which we take for granted such as x-rays and our dental chairs. In Patleket, the dentists struggled through a back breaking hour extracting a lower molar on a 15 year old girl. If we had been able to take an x-ray, we could have been able to find out the root morphology and have a better plan for the extraction.

What treatment did you all carry out?

Most patients needed extractions as most of the teeth were non-restorable or endodontically involved; however we had one dental machine in each camp for restorations if needed.



Any reflections of the trip?

The Nepalese are very stoic people. Many of them had to trek for miles over hills in slippers, sometimes for about two to three hours, in order to receive medical and dental treatment from us. None of them complained about the long journey and the long waiting time. Even the children waiting in line were obedient; they also barely winced during the injections and extractions.

It really makes me appreciate living in Singapore as we are blessed with accessible healthcare, where goods and services are easily available.

Any plans for future trips?

The team has made it a commitment to go to Nepal twice a year; for myself I will try to go yearly or alternate years.



Dr Edwin Goh



Who is the SDHF?



ordinators, creative thinking and effective conflict management. Other service-specific training includes, working with children, youth, physically disabled, intellectually disabled, the elderly and working with caregivers.

The Future Goals:

The last Annual General Meeting for SDHF was held on the 31st of March 2011 and has proven to show great interest amongst the attendees that were present. SDHF is also one of the supporter for the Colgate Oral Health Month event. We have certainly come a long way but the prospects are favorable with more new projects and activities for the near future.

There are many benefits to being a member of SDHF. The advantage of having a registered membership for SDHF is that members can enjoy discounts on products and various priorities are also given to members. Furthermore, an exclusive membership gives voting rights to each member.

Most of the volunteers are members of SDHF but they can continue to volunteer their time and services without being a member. However, all our members and volunteers have one thing in common; they are passionate to provide services to our growing community.

SDHF is open to all enthusiastic volunteers to join and provide dental care to the underprivileged groups. Giving voluntary services requires commitment and dedication but once we take on the responsibility, the reward of contributing to the society can be very fruitful and satisfying. †

Dr Christine Lee

Introducing SDHF and Our Vision:

Singapore Dental Health Foundation is a non-profit voluntary organisation of dentists, oral health therapists, dental technicians, dental nurses, and dental suppliers amongst others, to enhance dental awareness and promote dental health to the community.

The foundation is a charitable arm of Singapore Dental Association and an independent body that acts as a resource centre and co-ordinates volunteers to various parts of Singapore, such as participating in activities in welfare homes of the physically or mentally disabled, the elderly, the abandoned children and those with special needs who do not have proper access to routine dental care.

Attaining good dental health to the less fortunate population starts with educating and creating awareness on the preventive needs of their oral health and hygiene. That is where SDHF plays a vital part in organising volunteers who can visit the various welfare homes to provide routine dental check up and treatment. Currently there are 18 welfare homes that need volunteers. To name a few they are Christian outreach to the handicapped, Handicaps welfare association, St Luke's hospital, Margaret Drive Special School,

Cerebral Palsy Centre, and Ren Ci Hospital. The vision is to have every Welfare Home adopted by private dental clinics as its charity project, in the hope that dental facilities be set up at the home or bring the residents to the clinic for regular check-ups and treatment.

Our Roles:

The SDHF organises special projects for the public including the provision of various dental pamphlets for oral health education, public health talks and activities to the community. The BDS project was set up with the purpose of raising volunteerism amongst the dental community. BDS stands for Bringing Dentalcare to Singaporeans. It emphasises that dental care as part of the overall good health of a person. The aim of SDHF is to also equip the voluntary dentists and the dental auxiliary team with skills needed for the management of patients from special groups. The foundation organises in-house courses or demonstrations depending on the needs of the volunteers. It was suggested that language courses can be held to communicate effectively to various patient groups. The National Council of Social Services, or the National Volunteer Centre provides other courses such as effective problem solving, developing self-awareness, role of volunteers and co-



The Royal Australasian College of Dental Surgeons

Please refer to
website
www.racds.org
for further
details about
the College
and its
programs

About the RACDS

The College provides opportunities for new graduates and experienced dentists to improve their skills, knowledge, and understanding.

Participation in College programs is suited to all career paths in Dentistry including private practice, government health services, academia, armed service and university postgraduate study.

Recognition of the College is widening as closer links and alliances are developed with agencies and institutions within Australia, New Zealand, Asia, the U.K, and the Middle East.

General Stream

Membership

This two-year, structured educational learning program for qualified General Dental Practitioners leads to the award of MRACDS. It is based on the successful completion of appropriate CPD courses and related RACDS assessment components.

The MRACDS (Membership of the Royal Australasian College of Dental Surgeons) is a clinically relevant, educational program designed specifically for GDPs; a program which enables you to advance your practical GP clinical skills and develop a strong educational and financial base for your practice. The program is self-directed and modular.

Fellowship

The FRACDS General Stream comprises of a Primary Examination and a Final Examination (holders of the award of MRACDS may present directly for the Final Examination).

The Primary Program has 6 areas of study and examination and the aim of the program is to enable candidates to demonstrate an understanding of fundamental principles of basic science and their relationship to clinical practice.

The Final Examination is clinically oriented requiring demonstration of a broad experience in general dentistry, a maturity of clinical judgement and application of knowledge based on current literature.

Special Field Stream

Membership

Whether you are an existing Member or Fellow in the General Stream or if you are considering Fellowship in a Special Field, this pathway provides an opportunity to become a Member of the College in a specialist discipline.

Membership is open to specialists in the fields of Endodontics, Oral Medicine, Dental Public Health, Periodontics, Prosthodontics, Special Needs Dentistry, Paediatric Dentistry, and Orthodontics. Holders of the award of MRACDS in a Special Field may then apply for eligibility to present for the Final Examination in their Special Field following a period of independent practice.

Fellowship

Examinations at an advanced level in the Special Field Stream provide a pathway to Fellowship in the above specialist fields. Examination is in the form of a peer review assessment based on cases submitted by the candidate.

The College also conducts the training program leading to Fellowship in Oral and Maxillofacial Surgery. This program comprises four years of training following completion of Medicine and Dentistry and is accredited by the Australian Medical and Dental Councils and the Medical Council of New Zealand.

For more information about any College programs, please visit the website or contact the College office.

Contact us Royal Australasian College of Dental Surgeons

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Email: registrar@racds.org Web: www.racds.org

Christchurch DVI

In the wake of the Christchurch earthquake on 22 February 2011, a 5-man Singapore Disaster Victim Identification (DVI) Team was deployed to the city as part of a series of Singapore efforts to provide disaster relief there.



Led by Colonel (Dr) Tan Peng Hui, a forensic dentist and endodontist, the Singapore DVI Team assisted the New Zealand Police and local authorities in the forensic work to identify victims killed in the earthquake

In addition to Dr Tan, who is Commander of the SAF Military Medicine Institute, the Singapore team comprises 2 members from the Health Sciences Authority - Dr George Paul, Senior Consultant Pathologist, and Mr Simon Lim Eng Seng, Senior DNA Forensic Scientist - and 2 from the Singapore Police Force - Mr Sunny Low Hiok, Crime Scene Examiner and Ms Lee Mei Fun, Automated Fingerprint Identification System Supervisor.

“We have an experienced team. Most of us having participated in the 2004 Boxing Day Tsunami DVI operation in Khao Lak,” said Dr Tan. The team was deployed to the New Zealand Defence Force Burnham Military Camp where the field mortuary was located. Burnham Camp, which is 30 km outside Christchurch, was the frontline of the DVI operation.

The field mortuary was a converted heavy vehicle parking shed. The Singapore DVI Team commenced forensic examination of Christchurch earthquake victims there the day after its arrival. It joined several international DVI teams including those of Australia, Israel, Japan, Thailand and the United Kingdom. Working 12-hour shifts, members of the team worked alongside their New Zealand colleagues in the respective areas of DNA, fingerprints, forensic dentistry and pathology. The team quickly



established good rapport with their New Zealand counterparts.

The identification process was to match unknown victims to reported missing persons. Thus, the early phase of the DVI operation focused on building up the dental, fingerprints and DNA databases of missing people and the bodies processed at the mortuary. The bodies were examined for distinguishing physical characteristics such as tattoos or surgical scars that could help in identification. This was followed by dental examination and DNA sampling procedures.





All the information collected at the mortuary was forwarded to the Reconciliation Centre located in a multi-purpose hall in BurnhaAQm Camp. A Window-based electronic information system called the Plass Data™ system was used to computerise this large amount of information. The system, which could process photographs, dental charts, x-rays and fingerprints data, would search and reconcile missing persons to unidentified human remains. The familiarity of the Singapore team with the Plass Data™ system was valued by their NZ colleagues. The team helped identified a total of 31 quake victims.

The criteria for a positive match are stringent. Each purported positive identification was presented to an independent Reconciliation Board. The Board, which comprised senior New Zealand forensic experts, would review and examined the evidence. Once the Board accepted the identification, it was submitted to the Coroner for approval of identification. The family or the consular officers of the respective foreign ministries would be contacted and the bodies would be released.

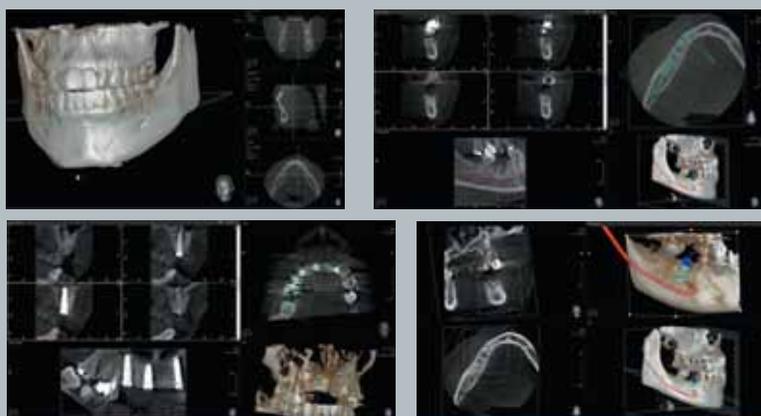
“DVI is an arduous task. It exacts physical and mental toils on us. But we do not mind as we think of those who have suffered losses. By all accounts, each member of the Singapore DVI Team has excelled and made key contributions to their respective areas of the Christchurch earthquake DVI operation. We are glad we have been able to help our New Zealand friends in some way.” said Dr Tan. 🏥

Dr Tan Peng Hui

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Website: www.radlink.com.sg
Email: enquiry@radlink.com.sg

Look at the Moon!

Darling look at the Moon, lah!

The indomitable Travelling Gourmet delves deeply into the scrumptious cake inspired by the Moon...

Mooncakes are not in season yet...but my friends at the Pan Pacific Hotel, and in particular Executive Chef Sheldon Tan, kindly let me try their new creations today. I would swear you to total secrecy but what the hell, you'll be able to buy and taste them soon enough, so...

The Fab Four!



Modern and healthy (very important nowadays) too are not one, not two BUT FOUR spanking NEW snowskin mooncake flavours. Kudos to creative Executive Chef Sheldon Tan.

The Fab Four include Apricot Brandy with Sweet Potato, and who can resist Champagne Strawberry made with the King of Wines plus there is also Black Forest with Chocolate Pearls and Hazelnut Feuilletine. These divine snowskin mooncakes, crafted with healthy & less fattening low-sugar lotus seed paste, are set to make your taste buds dance in delight!

Not many hotels are rolling out low sugar mooncakes so Pan Pacific is a pioneer in this 'out of the box' innovation.

It seems like yesterday that I was the first gourmet in the world to match Mooncakes with wines at the Marriott in 2003. Accordingly, I decided to do some mooncake and wine pairing this year too. I relished the Champagne Strawberry Mooncake with crisp and fresh Devaux Champagne... and it was devilishly good!

Lovely too with Veuve Clicquot Ponsardin NV champagne, another favourite of mine. The velvety textured 2mm thin snow skin is very tender but not sticky while the smooth as silk lotus paste and creamy center is very pleasing to the palate.

Hazelnut Feuilletine has a crunchy ball inside...so satisfying when you sink your teeth into it! A lovely mix of hazel nut, lotus seed flavours and varying textures. Perfect with some Kahlua Coffee liqueur on the rocks. "Feuilletine" comes from the word "feuille" meaning sheet (as in paper sheet) they are used in pastries to give a crunch to a mousse or cake. The extremely thin crepes known as "gavottes" are crushed to create the crunchy texture.

Another yummy winner is Apricot Brandy with Sweet Potato and I like this with Michel Chiarlo Moscato mellow dessert wine with good acids to serve a foil to the sweetness of the mooncake.

As for Black Forest with Chocolate Pearls, let's just say that if you have a passion for Schwarzwälderkirchtorte which means Black Forest Cherry cake (yes, it originates from Germany since the 16th Century), you'll adore this one. With this rich dessert, no wine, but a really good Vanilla Ice Cream, homemade using Vanilla pods from the island of Mauritius!

The 15th Day of the 8th Lunar month falls on Monday 12th September 2011-the Mid Autumn Festival.

Enjoy these tempting and happily not sinful temptations with your paramour. and tell her as you munch each lovely morsel, "Darling, look at the moon, lah...hold me tight and and kiss me..."

Good mooncakes do strange things to you...

ENJOY!

Pan Pacific Singapore's mooncakes will be available from 1 August to 12 September 2011 at Hai Tien Lo from 12pm to 2.30pm and 6.30pm to 10.00pm, and Mid-Autumn festive booth on Level 1 from 11am to 9pm.

For enquiries, please call 6826 8032 or email celebrate.sin@panpacific.com.

Pan Pacific Hotel
7 Raffles Boulevard
Marina Square
Singapore 039595
Tel: 6336 8111

Dr. Michael Lim
The Travelling Gourmet
Travel, Food & Wine Writer/Editor/Educator extraordinaire
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Pan Pacific Hotel Mooncakes Promotion



Dr Michael Lim has very graciously managed to secure discounts for SDA members who wish to make bulk orders for the mooncakes sold by Pan Pacific Hotel.

Members need only show their SDA card to receive the following discounts:

Discount tiers for bulk orders			
No. of Boxes	Discount	Start	End
10 - 20	10%	01 August 2011	12 September 2011
21 - 100	15%		
101 - 200	20%		
201 and above	25%		
<i>Credit Card Discounts</i>			
UOB, OCBC, AMEX, Standard Chartered	10% off all mooncakes	01 August 2011	12 September 2011

Beretta, Cavallo & Vinitaly!



The indomitable Travelling Gourmet finds fine guns and tastes horsemeat in sunny Italy...

Many a Roman General followed the maxim: Si vis pacem, para bellum. It means let him who desires peace, prepare for war. Beretta, the oldest gunmaker in the world with an annual turnover of 436 million Euros, owes a great deal of its success to those who follow this creed. I had been invited by Ugo Gasalli Beretta, the 15th generation President to visit his Fabbrica d'Armi Pietro Beretta and Museum of Firearms. And so on a hot spring day with cloudless azure blue skies, these thoughts crossed my mind as I travelled to the small town of Gardone val Trompia, in northeast Italy. Surrounded by mountain peaks, this town lies in the valley of Trompia, northeast of Italy. Iron ore mines in the hills plus water from the River Mella has made it a centuries-old center for arms manufacturing.

After exploring the picturesque cobblestoned streets I found the Parish Church of San Marco where I get to admire the amazing paintings of artists from Brescia and Venice dating back to 600 AD.

Bravo Beretta!

Bright and early next morning after a good snooze in Beretta's La Forestiere, I strolled over to the titanic Beretta mansion and factory. I was taken on a special VIP tour which began with the private Beretta Museum of Firearms. The display showcased ancient rifles of the 17th Century like flintlock & percussion rifles to more modern 21st Century small arms immaculately kept in polished mahogany cabinets. The mind boggling diverse collection is astonishing! Did you know that Napoleon ordered muskets from Beretta for his



Grand Armee in 1797? You can also see James Bond's first pistol, the .25 caliber Beretta Model 418 mentioned in the book "Dr. No". It has a grip safety like the Colt .45 M1911A. Fascinating too were the covert wacking stick guns & the WW2 era 9mm German Schmeisser Maschinen Pistole 38. My guide, Milani, explained how Beretta began in 1526 by supplying 185 Arquebus barrels to the armies of the Doge of the Venetian Republic. Photos are prohibited in the state of the art factory, where the first thing that struck me was the smell of gun oil and cold steel. I saw shotgun barrels being drilled out by yellow robots before final hand polishing by skilled technicians. Semi-automatic shotgun aluminium receiver blanks

and M9 pistol frames were everywhere. Yes, Beretta supplies M9 autoloading pistols to the US Armed Forces & many other armies. The over 76,000 square meter production facilities include firing ranges tunneled into the mountain. About 1,500 guns are produced daily including over & under shotguns, pistols, rifles and assault rifles. Over 75% of the production is exported to over 100 countries. Security is very strict with armed guards and X ray to inspect of your bags.

Horsemeat for dinner!

That evening, I went to try the specialities of the area in "Al Falconiere" which serves regional cuisine. One must-try is Cavallo (horsemeat) which should be enjoyed "tartare" (raw) to relish its full bodied gamey flavour with a touch of sweetness. I also sampled the Sesame Crusted Lamb and Vitello (veal) and Fragole con Balsamico (strawberries with aged Balsamic vinegar) for dessert

Beretta also owns 3 wineries and the one nearest Gardone val Trompia is Lo Sparviere which means the sparrowhawk. This winery in a 16th Century villa produces sparkling wine. The Lo Sparviere Franciacorta Brut Saten DOCG with its creamy elegance plus clean finish went well with the meal. Made with 100% Chardonnay, it is aged on the lees for 24 to 36 months. They also make Terre di Franciacorta Rosso DOC; red wine with 45% Merlot, 45% Cabernet Sauvignon, 5% Nebbiolo and 5% Barbera, that has complex flavours of prunes, forest fruits & spice. Perfect with horsemeat!



Trattoria "Al Falconiere"
Via Marconi, 20/A
25063 Gardone val Trompia
Italy
Tel: 030 89 60 013

Vibrant Vinitaly!

I attended the largest wine exhibition in the world which is Vinitaly in Verona, where William Shakespeare set his immortal play “Romeo & Juliet”. Over 156,000 visitors visited the 45th Vinitaly from April 7 to 11, 2011, where there were 4,000 exhibitors in 95,000sqm of show area. At the Bisol stand, I savoured titanic oysters from Brittany matched with Bisol’s new Prosecco Pas Dose’ Extra Brut- a balanced sparkling wine with a rich, intoxicating bouquet and super-dry at only 2g/l of residual sugar. With the succulent oysters au naturel it brought out the savoury ocean sweetness of the shellfish. Gianluca Bisol, CEO of Bisol commented cheerfully, “E ottimo! (it’s excellent)” I could not help but agree.

At the Distelleria Bottega stand, I tasted peppery Alexander Grappa di Pinot Noir with my bubbly friend Sandro, CEO of Bottega. Sipping the spirit, I was blown away by the world’s largest bottle of Grappa certified by the Guinness Book of World Records. The bottle 5cm thick, 2m high took 8 months of preparation and 6 Venetian glassblowers to create!

I attended the prestigious Grandi Vini Gala Dinner in the Palazzo della Ragione;Gourmet Chinese, Japanese & Indian cuisine matched with the finest Italian wines was the order of the day. I was pleased to run into my good friend, Chef Vinod Sookar. His Lamb Curry with Basmati Rice and Chick Peas was fabulous paired with macho, full bodied Allegrini Amarone 2007. Chef Vinod owns a 1 Michelin star restaurant in Puglia with his lovely wife, Chef Antonella Ricci.

Take time out from performing difficult extractions & cementing paper-thin porcelain veneers to visit Italy on your next vacation. As Mahatma Gandhi said: God comes to the hungry in the form of food. To be well, you have to eat and drink well. Enjoy! ✦



Dr Michael Lim

The Travelling Gourmet



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In addition, you will be responsible for the development and regular assessment of our dental professionals. You will also have to ensure compliance with dental clinic quality indicators as well as the achievement of relevant quality audit assessments.

Requirements:

- Bachelor Degree in Dentistry from a recognised institution, preferably with an MBA
- Knowledgeable in clinical processes, basic principles of Human Resource, Manpower Development and Quality Improvement
- Possess integrity and strong leadership qualities
- Good interpersonal, and oral and written communication skills
- Analytical mind and effective problem solving skills

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Interested applicants, please email a detailed resume including current and expected salaries to patsy_tan@nhgp.com.sg or send to:

Ms Patsy Tan
The Human Resource Department
National Healthcare Group Polyclinics
6 Commonwealth Lane, #02-01 GMTI Building
Singapore 149547

For more details, please log onto www.nhgp.com.sg or contact Patsy Tan at **6496 6798**.

We regret that only shortlisted candidates will be notified.



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Remembering Dr Yii Kie Mung

...We Pay Tribute to a very dedicated member who had selflessly given his time, his efforts and his best at all times to the Singapore Dental Association and the dental profession....

Dr Yii Kie Mung has touched the lives of many colleagues and friends and memories of Dr Yii will forever remain in their hearts...



***Contributions by Dr Yii**

Fellow, International College of Dentists
Fellow, Academy of Dentistry International
Fellow, Pierre Fauchard Academy
Honorary Member, Seoul Dental Association

***Past Positions**

Head, Dental Health Education, Ministry Of Health
Member, Health Advisory Council, Ministry Of Health
Member, Dental Advisory Council, Ministry Of Health
Chairman, Healthy Lifestyle Campaign Committee, Ministry Of Health
Author, Travelogue on SDA Study Mission to China 1974
Office Bearer (Council Member, Treasurer, Secretary, Vice-President and President) of SDA (1975 - 1991)
Secretary-General, 10th Asia Pacific Dental Congress 1981
Secretary-General, 2nd International Congress of Gerodontology 1986
Secretary-General, 78th FDI World Dental Conference 1990
President, Singapore Dental Health Foundation 1995

We live by faith alone,
Walking softly in the great unknown,
Accepting that which cannot be postponed,
Believing that what is yet to be seen
Is the substance of our waking dream.
~ Rev. Glenn Chaffin



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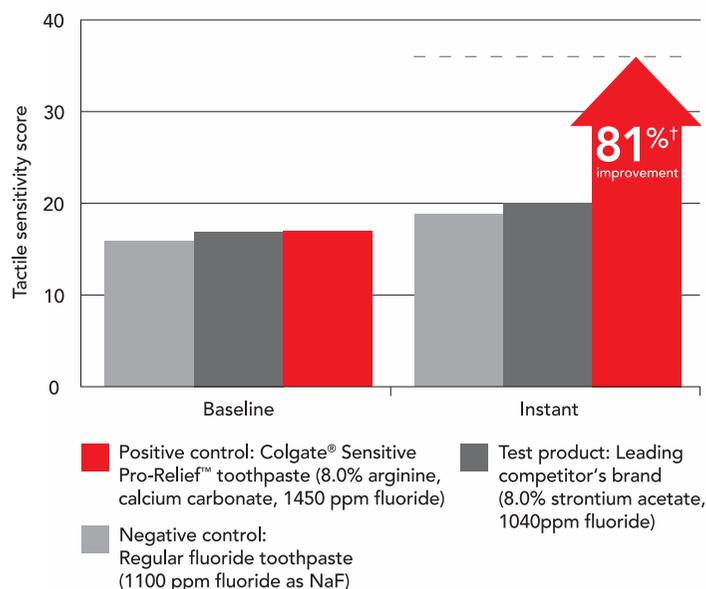
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Colgate® Sensitive Pro-Relief™ provided instant relief vs leading competitor's brand¹

- There was no statistically significant difference between leading competitor's brand and regular fluoride toothpaste



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*Instant relief achieved with direct application of toothpaste massaged on sensitive tooth for 1 minute.
[†]In a direct-application study, Colgate® Sensitive Pro-Relief™ significantly ($p < 0.05$) reduced dentin hypersensitivity vs leading competitor's brand by 81%.
 Scientific works cited: 1. Li Y et al. Data on file, Colgate-Palmolive Company 2010. 2. Nathoo S et al. J Clin Dent. 2009;20(Spec Iss):123-130.

